## **August Newsletter 2023**

## Welcome to my August Newsletter 2023!

The summer has been mixed, because of the weather but I did quite a bit and been getting my last blogs written. If you didn't know I do a Life Coaching programme and this year it was my "Summer Project 2023" to help you have a better life and a better year.

I appreciate the likes you have given to me. and filmed some videos for my Youtube audience if you'd like to check them out, I put published them on my main channel, and then on my Educational Youtube channel, see the links to my channels and blogs below.

My son hasn't returned to school yet but will be in two weeks and is going to a new school and it going to be strange for him and us, (me and his dad) in the first weeks or so, but hoping that he settles and soon it will be autumn, so trying to make the most of the summer that we still have and have got some videos to go up, on my main Youtube channel aswell, and really love filming my vlogs, and I hope that, that it comes across. Please subscribe so you don't miss them.

I will be doing my yearly programme to get tasks completed, my Autumn Reset, which I have began to plan and help set me up for the new Academic Year, and will be writing blogs and doing videos, and will start in September, but check out my blog Everyone can build a castle for further information, once I have completed content for my Life Coaching programme and may extend my Life Coaching programme into September, and have a weeks break to begin my Autumn Reset.

I have written blog about my fashion for Autumn, about some items I want to invest in that can be worn in many seasons, check out blog linked below, Carries Versatile Fashion, and there will be more blogs to come on there too.

Il will be filming for my other channels also, and my blog sites too. I wrote a blog on my website My Books and Stories, and is a review on some of the books I have read this summer, and loving my reading channel I began last year, which is to read a book a month and so far even with the holidays I have managed to do, and I am in love with reading as I keep reading books and different stories. So check that blog site and just finished my book for August and and do have other blogs I want to write on there too and subscribe on there if you'd like to be alerted when I have written and published a new blog. It is completley free.

## Please check out my books and links below:

I have books on happiness and wellness and fictional novels too, along with books about parenting, and are available from Amazon under the names, Carrie Challoner, Carrie Lee Holmes and Carrie Challoner.

You can see all my content below on my Youtube channels, blogs, Pinterest and Social Media: https://www.youtube.com/@typicallondongal https://www.youtube.com/@mywayofliving1602 https://www.youtube.com/@carrieseducationyoutubecha4891

https://www.pinterest.co.uk/thetypicalLondongal/

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