



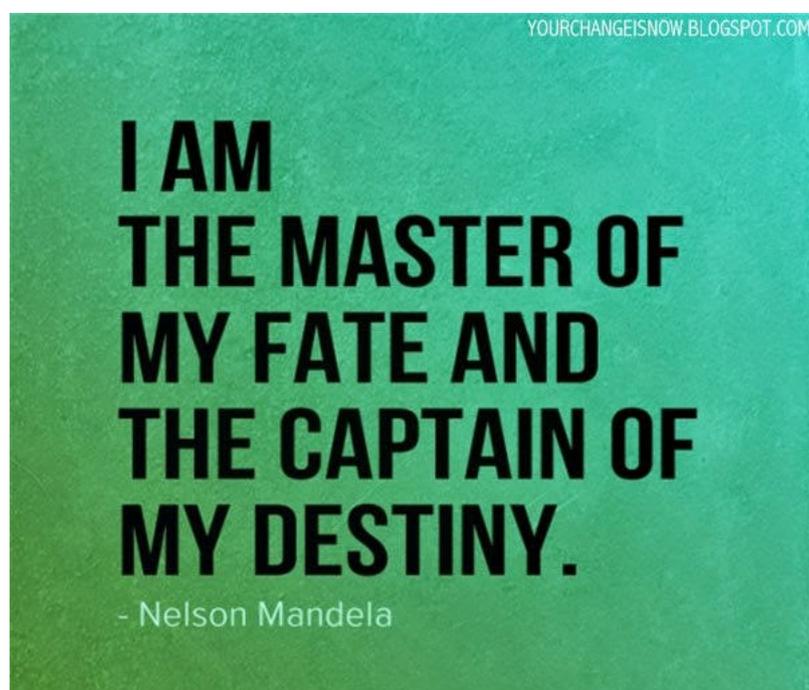
Monthly Newsletter

Typical London Gal

Hello yes it is the Autumn Season and so for me it is birthday season and then there is Halloween and bonfire night.

Such a busy time of year, so going to put together some gift guides. I have started to look at what to buy for Christmas and yes shops have some items out already.

I want to pay my respects to the Queen who died, because this is the second day after her funeral as I begin to my September newsletter, and still feeling a bit sad about it, but also nostalgic. She did so much for the world and now she has passed on and we have now a King and it I bet for King Charles is a bit nervous aswell as it is a big deal. You can't underestimate being royal, as they are being watched all of the time by the press and so for the world it is a massive transition, and will embrace this change as much as possible as I think we are going to see a new Monarchy I feel, and is just "Wait and see" I feel before saying anymore.



I am in the middle of doing my Autumn Reset which is sorting different areas of my life I want to change and I wonder if the Royal Family ever do this, have a clear out or do they hire someone to do that? Who knows but I'd love to see how they go about their life that we don't get to see.

I have filmed a few videos on my main channel [Typical London Gal Carrie Holmes](#), and on my blog site [Everyone can build a castle](#).

I am putting together a printable for it so that will be up once finished on my site as above, everyone can build a castle.

I do want to do something for Halloween but not sure what, but going on some of the stores I visited there wasn't much, so a bit disappointed.

I have filmed a new What I like to wear in a week and showing some new pieces I have purchased to show you and so this will be up next week and all of my Summer Holiday day in a life videos are all up on my channel, link above, typical London gal.

I will be filming more day in a life videos soon I just got other videos I want to share and been filming in the mornings again because it fits in my routine really well and got a Truth About Parenting video and going to film a new Skincare video and want to do a quarterly haul video, as I do need some new bits from Amazon and see more fashion items I want to buy in M&S and H&M. So when I do I will be putting it up and getting ready for the Winter and Christmas. I have a lot I want to do, so I will keep you posted.

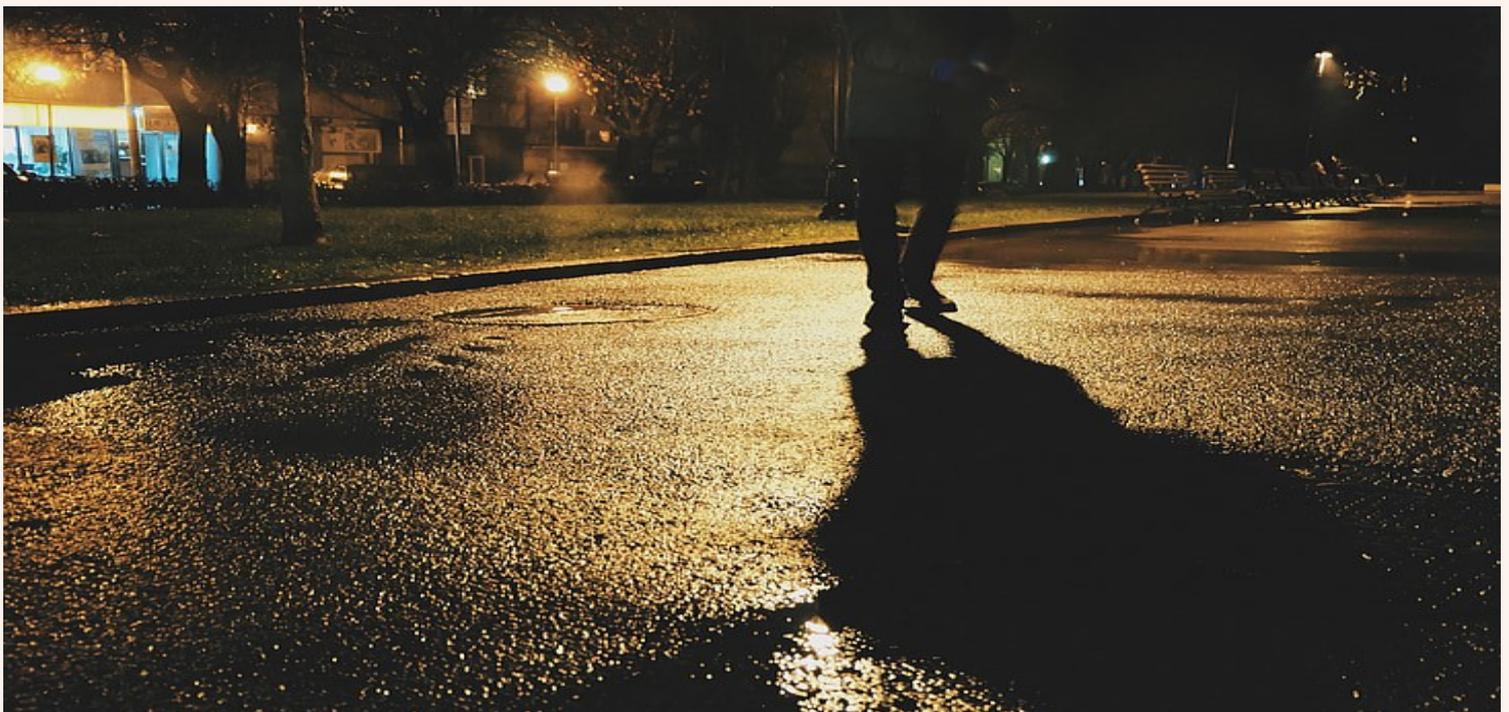
I am still working on my book and almost completed the editing and so going to publish this soon target end of September. and then I plan to write a Christmas book and so will let you know when I begin and there will be more coming, and so I wish you a wonderful rest of Autumn and hope we continue having good weather as the sunshine does make a huge difference and feel very happy at the moment and feel a level of excitement.



Keeping yourself safe for the Autumn and Winter

Soon we will be changing our clocks, well in England and so means shorter days and already it has begun getting darker in the mornings and in the evenings. It means it is officially a new change of season, and so going home in the dark means be more safety conscious.

1. Walk in well lighted streets where there are other people if you can and no headphones as if in a dark street it can make you are target, and wear coloured clothing as it is easy for vehicles on the road to see you
2. Have your phone easy to reach, but not in your hand as there have been incidents, as one of my friends it happened to, someone came by and took it, so have a well sealed but at easy reach in case you need to use it. With the dark you can't see who it is, so try an avoid temptation, as they are those who take people's stuff and pick pockets start to come out with Christmas on the horizon
3. Wear good footwear for the colder weather because when the frost comes it means the pavements and roads will be slippery, and in the dark you can't always see it
4. If you are going out in the evening make sure you have cash on you so you can get a cab home and remember there are night buses and some trains run for 24 hours
5. Travel with someone else late at night if you can. When I worked in London and went out me and my friend would jump in a cab together, and give money for the far to the last person getting out and let your friends know if you are the last one that you have gotten home safely





Here are links to my Youtube channels, my Pinterest my blogs and social media pages:

My other Youtube channels:

<https://www.youtube.com/channel/UCUDFlqjVKLy7NhtcR6Hy0Tg>

https://www.youtube.com/channel/UCVjvO2fsowvFne_iMuG7d1g/videos

<https://www.youtube.com/channel/UCW6X7xXVFoaToqIDpGLTtSg>

Blogs:

<https://carriesversitilefashion.wordpress.com>

<https://sportsandfitnesspassion.wordpress.com>

<https://theparentingadventuretipsandtricks.wordpress.com>

<https://theparentingadventurethebirthofmyson.wordpress.com>

<https://mystylewayofliving.blogspot.com>

<https://buildingselfconfidencetud.blogspot.com/>

<https://organzie4thebetter.blogspot.com>

<http://stylishmamma.blogspot.com>

<https://mydailythoughtsandfeelings.blogspot.com/>

Social media:

<https://www.instagram.com/typicallondongal/>

<https://twitter.com/Carrie82434764>

<https://www.facebook.com/carriesblognetwork/>

Online Courses:

<https://carriededucationnetwork.thinkific.com/>

