

## **My New Year Intentions 2022**

**This was inspired by a lady called MuchelleB on Youtube and wanted to begin my new year intentions.**

1. Keep helping my son with his education, as he is behind at school but with everyday routines of learning will make a difference.
2. I want to be kind to myself and practice self love and self care
3. Be empowered by love that is shown to me
4. Take on opportunities that come my way and value them
5. Have more fun in my life
6. Take on new challenges
7. Never settle for nothing but for something
8. Be the one to make a change to the world
9. Never be second best
10. Use the tools I have to give the gift of love out into the world