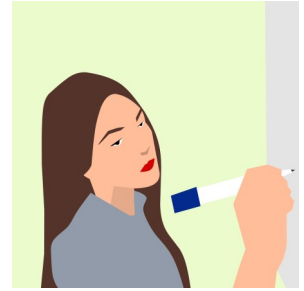




Changes don't need to be done at the start of the year



Creating new things in your life can be done any part of the day, week and month and year.

New year is a start but never too late and I will often change things for myself come September.

**Write here about what you could change right now in your home, family, friends, work and yourself?**

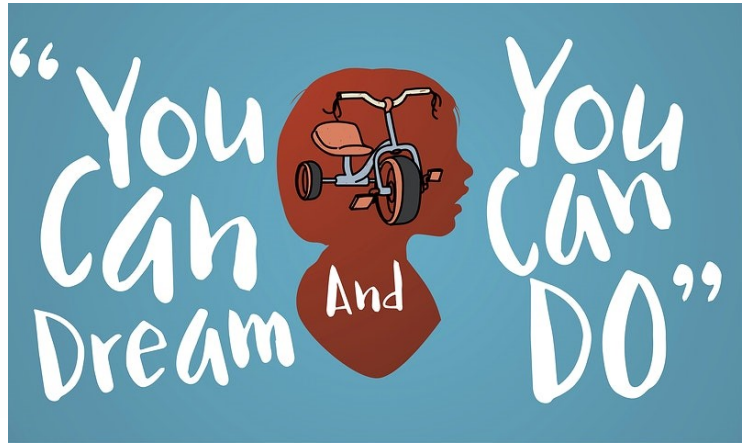


Don't forget to change items on your computers and mobiles, of things that no longer have a purpose in your life.

Change your online wish lists you can do on some online stores and check what items are still available.

Do a rotation of things used and not.





**What do you dream about?**

**What is your current situation?**





**What areas could you improve on?**

Blank space for writing answers to the question above.

IT ONLY  
TAKES ONE  
PERSON TO  
CHANGE  
YOUR LIFE:

Ruth Casey

YOU

WWW.LIVELIFEHAPPY.COM

**Write here about what you could achieve this summer that can impact you for the rest of the year?**

Large blank area for writing answers to the question above.

**WHO IS THE  
MOST AWESOME  
PERSON TODAY?**

